



Root Chakra

makes 1 cocktail

- 2 ounces spiced rum
- 1 ounce root beer syrup
- 1 ounce heavy cream
- 2 dashes blackstrap bitters
- 1 whole nutmeg

Fill a cocktail shaker with ice and add rum, syrup, cream and bitters. Shake well to chill, then strain into a rocks glass over 1-2 large ice cubes. Grate a little fresh nutmeg over the top and serve.