



Grilling Rub for Fish

*from Malibu Seafood via Bon Appétit
makes enough for a 1-lb filet*

- 1 tablespoon paprika
- 1 teaspoon each garlic powder, onion powder, dried oregano, dried thyme, sea salt
- 1/2 teaspoon freshly ground black pepper
- 1/4 teaspoon cayenne

Mix well and rub on fish before grilling.