



Whey & Honey Sorbet

serves 6

- 3 cups whey
- 1 cup honey
- 1/2 -1 teaspoon orange flower water
- 2 generous pinches fine sea salt

Combine whey and honey in a saucepan and heat very gently just until combined. Stir in orange flower water and salt. Transfer to a bowl and chill in an ice bath until cold. Process in your ice cream maker until set. Pack into a container and place a sheet of parchment on top before sealing. Freeze for 3-4 hours, or overnight.